



Karen Lindsey, Ph.D. is a professor, executive career coach, leadership consultant, and keynote speaker. She is called “Dr. K” by many students and has 20 years of corporate communication, higher education, media relations, and business marketing experience. Prior to teaching strategic communication at Texas Christian University in the Bob Schieffer College of Communication, Dr. Lindsey served as the Associate Director of the TCU Center for Career and Professional Development.

Dr. Lindsey holds a Bachelor’s degree in Mass Communication from the University of Wisconsin, a Master’s degree in Corporate Communication from Mississippi College, and a Ph.D. in Organizational Leadership from Azusa Pacific University.

She is a Wisconsin native who moved to Texas five years ago after serving as an Associate Vice at Mississippi College to become Vice President of the education sector at Edelman PR in Dallas. She has led teams and served as a consultant to corporate presidents, university presidents, and non-profit leaders across the United States. She served as a consultant on behalf of the U.S. Army, where she held a security clearance through the Department of Defense and implemented long-term projects in Washington, D.C. and Wiesbaden, Germany.

During her corporate career, Karen navigated the business and media world in leadership positions with the Chicago Tribune, U.S. Bank, Wisconsin Gas, and Northwestern Mutual. In 2015 she was a featured TEDx speaker and in 2020, she was selected to present at South by Southwest (SXSW). She has written numerous articles for blogs, business journals, and fitness publications. She is a frequent podcast guest, workshop facilitator, and motivational speaker on the topics of Authentic Leadership, Leadership Wellness, Reputation Management, and Strategic Communication Planning.

She believes in the importance of having a fit mind, body, career, and spirit. She is a nationally certified StrengthsQuest and Myers-Briggs coach, a fitness instructor, who prior to the pandemic of 2020, regularly taught cycle, HITT style toning group fitness classes in Texas. She has run the Chicago Marathon twice and to date has completed 15 half marathons in various states. She is a woman faith who loves iced coffee and international travel.

Dr. Lindsey cares deeply about intentionally helping leaders gain knowledge to become the most authentic version of themselves in the many other roles they hold using Jeremiah 29:11 as guidance.

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